



YOUR FRANCISCAN EMPLOYEE ASSISTANCE PROGRAM

We all experience personal problems. No one is exempt. When problems become too much to deal with alone, you can get confidential professional help through your *EAP*. This program is a generous benefit paid for by Franciscan Alliance at no cost to you or your eligible family members.

EAP Includes

- ▶ Confidential problem assessment for employees / family members
- ▶ Short-term counseling for problems which could include but are not limited to - - -

Anxiety, Depression, Relationships, Family and Parenting Issues,
Grief and Loss, Addictions, Financial (Budgeting),
Work Related Issues, Anger, Time and Stress Management

- ▶ Professional referral assistance should EAP not be appropriate.
- ▶ Follow-up care and concern

Convenient Office Locations

Chesterton, Crawfordsville, Crown Point, Dyer, Hammond, Lafayette,
Michigan City, Munster, and Rensselaer Indiana, & Chicago Heights, Illinois



Your direct line to help - -
Call your EAP at
(219) 662-3730 or (800) 747-7262