

# Local and Regional Resources for Families



## Resources

- **About Special Kids (ASK):** *Indiana's Parent to Parent organization that works throughout the state to give support, answer questions and provide information and resources to families of children with special needs.* <http://www.aboutspecialkids.org/>
- **ARC of Indiana:** *For People with Intellectual and Developmental Disabilities* <https://www.arcind.org/>
- **Down Syndrome Indiana:** *Indiana programs and services* [www.dsindiana.org/aboutus.php](http://www.dsindiana.org/aboutus.php)
- **Indiana Council of Community Mental Health Centers:** *The Indiana Council of Community Mental Health Centers (Indiana Council) is a nonprofit, professional trade association representing all certified community mental health providers across the state.* <https://indianacouncil.org/providers>
- **Hands in Autism Interdisciplinary Training and Resource Center:** <https://handsinautism.iupui.edu>
  - **Hands in Autism Quick Start for Caregivers and Families:** *Information on trainings, workshops, webinars, etc.* <https://handsinautism.iupui.edu/families.html#.Wxx6zopKhKA>
  - **Hands in Autism Local Community Cadres:** *Community networks of families and professionals invested in serving individuals affected by Autism Spectrum Disorder and other developmental disabilities* <https://handsinautism.iupui.edu/lcc.html#.Wxx7hopKhKA>
- **Indiana Institute on Disability and Community:** <https://www.iidc.indiana.edu/>
- **Indiana Resource Center for Autism:** <https://www.iidc.indiana.edu/pages/support>
- **IN-Source (Indiana Resource Center for families with Special Needs):** *Special education parent support* [www.insource.org](http://www.insource.org)
- **Indiana Family Helpline** at (855) 453-7178: *Address questions relating to social service*
- **Indiana Fathers & Families:** *Resources to support fathers' emotional/financial involvement in their children's lives*
- **Healthy Indiana Plan (HIP):** *For uninsured Hoosier adults between the ages of 19 – 64, affordable health insurance program*
- **Big Brothers Big Sisters:** *Helping children through supported, one-to-one relationships*
  - **Central Indiana:** <https://www.bbbssi.org/>
  - **South Central Indiana:** [BigIndiana.org](http://BigIndiana.org)
  - **Northeast Indiana:** <https://www.bbbsnei.org>
  - **Southeast Indiana:** <https://www.bbbssi.org>  
*Locate an Agency in your area; one-to-one mentoring to better help kids*
  - **Boys and Girls Clubs of America:** *Club locations in all 50 states; promotes/enhances kid's development*