

## "No worries. Just do it!"

## Noah Scherf

... ALL-AMERICAN ATHLETE
... HONOR STUDENT
... MICHIGAN CITY SUCCESS STORY

ichigan City High School junior Noah Scherf is an exceptional guy. He's a three-sport athlete who excels in school and plans to major in foreign language, political science, or international economics at I.U. or Notre Dame. He also happens to navigate the school hallways wearing metallic sunglasses, using a white cane.

No LIMITS: Of his visual impairment, Noah says, "I'm legally blind, but that can't stop me. Athletically, I don't think much about it while I train or compete. Academically, it's more of an issue because I have to do things differently, like read large print up close. But my parents raised me to be mentally tough – just do what needs to be done, and don't worry about it."



NATIONAL CHAMP: Noah is a solid contributor on the MCHS cross country, swimming and track teams, which he feels prepared him well for the Paralympic circuit. He's won gold in four events at the National Junior Disability Championships (three in swimming, one in track), and last summer he was named a U.S. All-American in track, placing third in the 1500 meters at the U.S. Paralympic finals.

**CITY PRIDE:** Noah takes multiple AP and dual-credit courses, and he enjoys participating in Japanese and German Clubs. "City has given me so many opportunities. We've got great coaches and athletes here, and I would argue that we have some of the best foreign language teachers in the area."

**SECRET TO SUCCESS:** "Train like you've never won, compete like you've never lost. I think it applies to most anything in life. Work hard; don't become complacent. You might be good at something, but you can always be better."

## Did you know?

Noah is one of 58 MCHS juniors recently inducted into the National Honor Society. All Honor Society members perform at least 30 hours of volunteer service every year.

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